

St Patricks Primary Canteen Menu

Open Tuesday, Wednesday, Thursday & Friday

 indicates everyday health rating

Sandwiches

(All sandwiches are made using wholemeal bread.
No white bread or spreads unless requested)

 Happy little Vegemite (with margarine)	\$2.50
 Say "cheese"	\$3.00
 Ham	\$3.50
 Rainbow: Lettuce, carrot, tomato, cucumber	\$4.00
 Egg, lettuce & mayo	\$4.50
 Ham, lettuce & mayo	\$4.50
 Chicken, lettuce & mayo	\$4.50

Wrap it up

 Chicken, lettuce & mayo	\$4.50
 Ham, lettuce & mayo	\$4.50
 Tandoori Chicken, yoghurt & lettuce	\$5.00
 Rainbow: Lettuce, carrot, tomato, cucumber	\$4.00

Toasted Sandwiches

 Say "cheese"	\$3.00
 Tomato & cheese	\$4.00
 Ham & cheese	\$4.00
 Chicken & cheese	\$4.50
 Ham, cheese & tomato	\$4.50

Salad Boxes

 Superhero Salad: lettuce, carrot, tomato, cucumber corn & beetroot	\$4.50
 3 C's veggie pasta salad: Pasta, carrot, capsicum, corn & mayo dressing	\$4.50

Add extras to your sandwiches, wraps or salad!!	
Ham, chicken, tuna, egg, cheese	\$1.00
Gluten free bread or wrap	\$1.00
Lettuce, beetroot, carrot, cucumber, tomato	\$0.50

Drinks

 Water 600ml	\$1.50
 Flavoured milk (choc or strawberry)	\$3.00
 Plain milk	\$2.00
 Just Juice 200ml (apple, orange, apple & blackcurrant)	\$2.00

Hot meals - Canteen Made

 Spaghetti Bolognese	\$4.00
Bangers, Mash & Gravy	\$4.00
 Fun Fried Rice	\$4.00
Nachos \$4.00 Add mince	\$1.50

Burgers or Wraps

Sweet Chilli Tenders with lettuce, tomato & mayo	\$5.00
Angry Birds Burger: chicken, lettuce, & mayo	\$5.00
 Mighty Beef: lettuce, tomato, beetroot	\$5.00
 Beef 'n' Cheese	\$5.00

Super Sushi for 1.40pm Afternoon tea

 veggie, tuna or chicken	\$4.00
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From the Oven

Mini Pizza (bacon n cheese)	\$4.00
Large Meat Pie	\$4.00
Mini Pie or Sausage Roll	\$1.50
Dino Chicken Nugget	\$0.70

Snacks

 Piece of seasonal Fruit	\$1.00
 Rice crackers and cheese	\$2.00
 Celery Swords and Crazy carrot sticks with tzatziki	\$2.00
Sea salt chips	\$1.50
Monster Rice Sticks (chicken)	\$1.50
Jelly	Small \$0.50 Large \$1.00

Frozen

 Quelchy Juicy sticks	\$0.50
 Frozen Juice Cups	\$0.50
 Frozen Milk Cups	\$0.50
Bulla Frozen Yoghurt: 97% fat free strawberry or mango	\$2.50
Paddle Pop	\$2.00
Icy Twist	\$2.00
Callippo	\$2.00
Bulla Ice cream cups	\$2.00